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24-Hour Nurse Line Information and support for your health questions

Talk to a registered nurse anytime

With the 24-Hour Nurse Line, you can speak to a registered nurse about health issues — whenever you need to.*

Plus —

- It's toll-free.
- You can call as many times as you need at no extra cost.
- Your covered family members can use it, too.

You could save time, money and a trip to the doctor

The 24-Hour Nurse Line can provide helpful information and possibly prevent an unneeded trip to the doctor's office. That can be a money-saver.

Plus, you'll be able to make smarter health decisions. You'll have reliable information you can trust — and it's only a phone call or click away.

*While only your doctor can diagnose, prescribe or give medical advice, the 24-Hour Nurse Line nurses can provide information on more than 5,000 health topics. Contact your doctor first with any questions or concerns regarding your health care needs.



Aetna.com

More reasons to use the 24-Hour Nurse Line

You can:

- Get information on a wide range of health and wellness topics
- Make better health care decisions
- Find out more about a medical test or procedure
- · Get help preparing for a visit to your doctor
- Receive emails with links to videos that relate to your question or topic

Your online source for health information

Prefer to go online for health information? Check out the 24-Hour Nurse Line page on your member website.

Here's what you can do:

- Send us an email.
- Use our symptom checker.
- Learn about treatment options and health risks.
- Research a medicine, and more.

It explains things in terms that are easy to understand. And it's easy to get to — once you're a member, just go to **Aetna.com** and log in.

Members like you get the information they need

We asked our members what they liked about the 24-Hour Nurse Line.¹ Here's what they said:

- 93 percent felt it helped them better manage their health.
- 96 percent said this program was an important part of their health plan benefits.

Two ways to get health information fast

- 1. Call a registered nurse anytime toll-free.
- 2. Go to **Aetna.com** and log in.

Get health information when and where you need it. Just call 1-800-556-1555 (TTY: 711)* or go to Aetna.com to log in.

THIS IS NOT INSURANCE. THIS IS A PROGRAM AVAILABLE WITH THE MEDICAL PLAN.

¹24-Hour Nurse Line Member Satisfaction Survey. October 2017. *Ask the relay operator to dial **1-800-556-1555 (TTY: 711)** and select the option to speak to a nurse.

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